

Result Event 124 - 800m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tiyani	Fourie	D2	2:26.10	7	796	
2	Moeketsi	Mirriam	D10	2:26.69	5	790	
3	Chemene	Mertz	D11	2:27.12	3	786	
4	Kayden	Bartle	D6	2:29.99	2	760	
5	Sione	Nel	D3	2:30.27	1	758	
6	Nompumelelo	Mabuza	D5	2:30.82	0	753	
7	Bianca	Herbst	D7	2:31.92	0	743	
8	Jade	Doran	D17	2:33.06	0	734	
9	Angel	Baloyi	D4	2:34.09	0	725	
10	Michaela	Cowan	D8	2:37.76	0	696	
11	Tsireletso	Matshira	D15	2:54.70	0	581	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Annuscka	Slabbert	D8	2:29.16	7	767	
2	Liandri	Kriel	D2	2:29.35	5	766	
3	Tatum	Laybourn	D6	2:29.53	3	764	
4	Akhona	Malebo	D11	2:34.60	2	721	
5	Mbali	Mokoena	D17	2:36.84	1	703	
6	Karabo	Moepadira	D7	2:41.51	0	668	
7	Jessica	Combrinck	D5	2:41.52	0	668	
8	Kitching	Daniella	D10	2:43.91	0	651	
9	Mikgheko	Chaki	D14	2:50.71	0	606	
10	Chantel	Nyathi	D15	3:01.62	0	541	

Result Event 125 - 800m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Benade van	Liam	D10	2:04.80	7	650	
2	Johann	Louw	D11	2:05.64	5	635	
3	Katleho	Khumalo	D7	2:06.08	3	627	
4	Masiloane	Olerato	D4	2:07.24	2	607	
5	Kevin	Malicky	D9	2:07.69	1	599	
6	Keegan	Coetzee	D2	2:08.42	0	587	
7	John Andrew	Roodt	D8	2:09.95	0	562	
8	Tafura Dhs	Matondo	D6	2:11.92	0	531	
9	Samkelo	Malawana	D17	2:14.50	0	493	
10	Mbuso	Buthlezi	D3	2:18.39	0	439	
11	Siyabonga	Gwebu	D5	2:19.69	0	422	
12	Katlego	Ngomane	D15	2:27.89	0	325	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tshegofatso	Msibi	D4	2:06.21	7	625	
2	Breed	Ty	D10	2:09.66	5	566	
3	Mivuyo	Fisana	D5	2:10.47	3	553	
4	Cullen	Rouse	D6	2:11.94	2	531	
5	Werno	Pretorius	D17	2:12.40	1	524	
6	Ruandre	Viviers	D7	2:12.96	0	515	
7	Keletso	Tshoane	D12	2:15.90	0	473	
8	Atlehang	Komape	D8	2:18.40	0	439	
9	Onesmus	Ncube	D11	2:21.20	0	403	
10	Juwan	Van Staden	D3	2:28.65	0	316	

Result Event 129 - 800m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marli	Dimond	D8	2:18.68	7	849	
2	Hanri	Pretorius	D2	2:19.67	5	838	
3	Elizma	Le Roux	D4	2:22.43	3	810	
4	Camryn	De Meyer	D17	2:25.50	2	780	
6	Botha	Ilke	D10	2:30.90	0	732	
7	Lucie	Ilunga	D9	2:31.19	0	729	
8	Lika	Strydom	D11	2:46.53	0	615	
9	Thembehle	Makhoba	D14	2:51.81	0	582	
10	Lisbeth	Masabana	D1	3:04.26	0	511	
11	Jamie-Lee	Maynhard	D14	3:20.09	0	434	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Izandri	Jacobs	D3	2:23.79	7	796	
2	Keneilwe	Mawela	D4	2:23.92	5	795	
3	Kiana	Pepler	D17	2:25.29	3	782	
4	Elrisa	Swiegers	D7	2:25.77	2	777	
5	Mellet	Marzaan	D2	2:28.72	1	751	
6	Kamogelo	Makgoke	D6	2:29.10	0	747	
7	Hanna	Korend	D8	2:29.50	0	744	
8	Grove	Marison	D10	2:36.05	0	690	
9	Natash	Botes	D12	2:39.02	0	668	
10	Morgan	Harmse	D11	2:41.36	0	651	
11	Tamar	Mhlanga	D3	2:47.92	0	606	

Result Event 130 - 800m Boys 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	2:03.31	7	628	
2	Marcel	Brits	D3	2:03.98	5	616	
3	Luandre	Bronkhorst	D4	2:04.10	3	614	
4	Lehlohonolo	Mahlangu	D5	2:04.93	2	599	
5	Dandré	Kruger	D6	2:06.02	1	581	
6	Oupa	Xaba	D7	2:08.84	0	535	
7	Boiketlo	Makhundu	D15	2:10.29	0	512	
8	Ryan	Ferreria	D17	2:10.32	0	512	
9	Lutendo	Mulele	D14	2:13.60	0	464	
10	Denzil	Magubane	D9	2:15.07	0	444	
11	Jacques	Naude	D11	2:17.47	0	412	
12	Dumisani	Nkoloti	D12	2:47.76	0	105	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Juan	Morton	D6	2:04.08	7	614	
2	Fourie	Schalk	D15	2:04.36	5	609	
3	Junior	Mphela	D17	2:04.40	3	609	
4	Keotshepile	Maleho	D4	2:04.61	2	605	
5	Teejay	Ngwenya	D9	2:05.82	1	584	
6	Lesego	Sisa	D11	2:05.90	0	583	
7	Willem	Coetzer	D5	2:06.54	0	572	
8	Boikanyo	Mogokojane	D2	2:07.21	0	561	
9	Seth	Nienaber	D7	2:08.30	0	543	
10	Mpumelelo	Kozana	D2	2:12.77	0	476	
11	Moyo	Zammy	D10	2:13.72	0	463	
12	Liyema	Kwekile	D11	2:14.12	0	457	

Result Event 131 - 800m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chanel	Genis	D2	2:31.74	7	717	
2	Botha	Charissa	D4	2:32.61	5	710	
3	Melissa	Van Niekerk	D11	2:32.73	3	709	
4	Tenike	Blunden	D8	2:34.22	2	697	
5	Polena	Mokgale	D9	2:36.51	1	679	
6	Monique	Strydom	D17	2:36.95	0	676	
7	Young	Aimee	D10	2:50.44	0	584	
8	Mashaba	Dimakatso	D15	2:58.77	0	535	
9	Mirriam	Frans	D14	2:59.95	0	528	
10	Rebecca	Sutherland	D12	3:04.50	0	504	
11	Simphiwe	Mthwethwa	D5	3:16.18	0	446	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Akonyi	Ngongo	D3	2:29.51	7	736	
2	Boyce	Maxine	D4	2:31.45	5	719	
3	Janelle	Strydom	D6	2:44.07	3	625	
4	Banda	Lumka	D10	2:52.35	2	572	
5	cathrice	Mutyandasrika	D9	2:57.75	1	541	
6	Oratile	Kgame	D12	3:05.27	0	500	
7	Marizaan	Van Hwweden	D8	3:05.74	0	497	
8	Anelisa	Mthelu	D11	3:07.19	0	490	
9	Rebecca	Nare	D1	3:14.10	0	456	

Result Event 132 - 800m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jaden	De Wet	D11	2:00.56	7	631	
2	Prins	Marco	D10	2:00.67	5	629	
3	James	Ncube	D4	2:00.73	3	628	
4	Emile	Pretorius	D17	2:02.15	2	602	
5	Lefa	Kwanele	D5	2:03.15	1	585	
6	Dalindyebo	Mgobhozi	D14	2:04.69	0	559	
7	Teboho	Dlamini	D6	2:06.07	0	536	
8			D1	2:08.01	0	506	
9	Gomolemo	Madonsela	D15	2:16.10	0	393	
10	Mlindeli	Nyikima	D12	2:16.11	0	393	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Zenzile	Pheko	D2	2:01.72	7	610	
2	Handre	Van Eck	D17	2:02.96	5	588	
3	Njabulo	Simelane	D6	2:03.14	3	585	
4	Morapeleng	Segwatlha	D4	2:03.46	2	579	
5	Daluxolo	Mahlobo	D10	2:07.26	1	517	
6	Delrique	Hollander	D8	2:07.96	0	506	
7	Shaun	Meyer	D15	2:09.92	0	477	
8	Brandon	Van Der Westhuizen	D8	2:10.49	0	469	
9	Dylan	Tait	D9	2:12.68	0	438	
10	Prince	Mabuela	D3	2:23.07	0	309	

Result Event 151 - 800m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chemene	Mertz	D11	2:17.37	7	889	
2	Tiyani	Fourie	D2	2:19.86	5	860	
3	Liandri	Kriel	D2	2:21.11	3	847	
4	Tatum	Laybourn	D6	2:21.45	2	843	
5	Moeketsi	Mirriam	D10	2:22.89	1	828	
6	Sione	Nel	D3	2:24.26	0	814	
7	Nompumelelo	Mabuza	D5	2:30.89	0	752	

Result Event 152 - 800m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Benade van	Liam	D10	2:02.08	7	703	
2	Johann	Louw	D11	2:04.83	5	650	
3	Masiloane	Olerato	D4	2:06.48	3	620	
4	Tshegofatso	Msibi	D4	2:07.62	2	600	
5	Tafura Dhs	Matondo	D6	2:09.39	1	571	
6	Keegan	Coetzee	D2	2:10.11	0	559	
7	Kevin	Malicky	D9	2:10.45	0	554	
8	Werno	Pretorius	D17	2:13.24	0	511	
9	Katleho	Khumalo	D7	2:14.58	0	492	
10	Breed	Ty	D10	2:14.98	0	486	
11	John Andrew	Roodt	D8	2:18.27	0	441	
12	Ruandre	Viviers	D7	2:23.18	0	379	

Result Event 153 - 800m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Izandri	Jacobs	D3	2:13.27	7	914	
2	Hanri	Pretorius	D2	2:13.44	5	911	
3	Marli	Dimond	D8	2:14.15	3	902	
4	Keneilwe	Mawela	D4	2:20.42	2	830	
5	Elizma	Le Roux	D4	2:22.06	1	813	
6	Camryn	De Meyer	D17	2:23.62	0	798	
7	Elrisa	Swiegers	D7	2:25.26	0	782	
8	Kiana	Pepler	D17	2:30.57	0	734	
9	Hanna	Korend	D8	2:33.16	0	713	
10	Lucie	Ilunga	D9	2:33.41	0	711	
11	Botha	Ilke	D10	2:34.70	0	701	
12	Grove	Marison	D10	2:34.72	0	700	
13	Kamogelo	Makgoke	D6	2:36.04	0	690	

Result Event 155 - 800m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	1:57.53	7	744	
2	Luandre	Bronkhorst	D4	1:57.93	5	736	
3	Keotshepile	Maleho	D4	1:58.03	3	733	
4	Marcel	Brits	D3	1:58.37	2	726	
5	Teejay	Ngwenya	D9	2:00.86	1	675	
6	Lesego	Sisa	D11	2:02.73	1	639	
7	Fourie	Schalk	D15	2:04.57	0	606	
8	Willem	Coetzer	D5	2:05.72	0	586	
9	Juan	Morton	D6	2:05.77	0	585	
10	Oupa	Xaba	D7	2:07.23	0	561	
11	Dandré	Kruger	D6	2:09.40	0	526	

Result Event 156 - 800m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Akonyi	Ngongo	D3	2:19.43	7	832	
2	Botha	Charissa	D4	2:19.97	5	826	
3	Chanel	Genis	D2	2:20.48	3	821	
4	Tenike	Blunden	D8	2:25.48	2	772	
5	Boyce	Maxine	D4	2:29.67	1	734	
6	Melissa	Van Niekerk	D11	2:34.76	0	693	
7	Monique	Strydom	D17	2:40.25	0	652	
8	Polena	Mokgale	D9	2:41.03	0	646	
9	Janelle	Strydom	D6	2:47.40	0	603	
10	cathrice	Mutyandasrika	D9	2:58.36	0	537	
11	Mirriam	Frans	D14	3:06.04	0	496	
12	Mashaba	Dimakatso	D15	3:13.39	0	460	
13	Oratile	Kgame	D12	3:20.28	0	428	

Result Event 157 - 800m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jaden	De Wet	D11	1:53.39	7	784	
2	James	Ncube	D4	1:53.70	5	777	
3	Prins	Marco	D10	1:55.32	3	739	
4	Emile	Pretorius	D17	1:56.63	2	710	
5	Handre	Van Eck	D17	2:00.96	1	624	
6	Morapeleng	Segwatlha	D4	2:03.34	0	581	
7	Lefa	Kwanele	D5	2:05.13	0	551	
8	Teboho	Dlamini	D6	2:05.76	0	541	
9	Dalindyebo	Mgobhozi	D14	2:06.16	0	535	
10	Daluxolo	Mahlobo	D10	2:06.71	0	526	
11	Delrique	Hollander	D8	2:08.27	0	502	

Result Event 11 - 1500m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tshabalala	Amogelang	D4	4:56.57	7	752	
2	Melissa	Van Niekerk	D11	5:19.15	5	661	
3	Polena	Mokgale	D9	5:27.14	3	633	
4	Nthabiseng	Komane	D3	5:46.55	2	571	
5	Young	Aimee	D10	5:48.89	1	564	
6	Zanette	Delpport	D15	6:06.25	0	515	
7	Monique	Strydom	D17	6:10.38	0	504	
8	Janrie	Theart	D12	6:35.48	0	443	
9	Mirriam	Frans	D14	6:38.74	0	435	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mia	Van Der Veel	D4	5:13.00	7	684	
2	Mosale	Tobejane	D9	5:40.67	5	589	
3	Bonolo	Mokabane	D17	5:49.71	3	561	
4	Banda	Lumka	D10	6:10.05	2	505	
5	Ashley	Sithole	D15	6:30.80	1	454	

Result Event 12 - 1500m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Bokang	Mabote	D4	4:11.72	7	780	
2	Morepe	Johannes	D10	4:12.15	5	777	
3	Jaden	De Wet	D11	4:14.45	3	763	
4	Corne	De Fouw	D2	4:14.71	2	761	
5	Ivan	Du Plessis	D3	4:16.97	1	747	
6	Zaydian	Knight	D14	4:19.46	0	733	
7	Tonny	Sihele	D10	4:20.50	0	727	
8	Prince	Khelemithi	D6	4:20.74	0	725	
9	Alisandro	Cloete	D5	4:21.37	0	722	
10	Mlindeli	Nyikima	D12	4:31.47	0	668	
11	Hillary	Makaripe	D9	4:38.55	0	633	
12	Mrelase	Thembinkosi	D15	4:47.80	0	591	
13	Kehan	Toerien	D8	4:48.43	0	588	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Zenzile	Pheko	D2	4:13.15	7	771	
2	Kevin	Hickley	D17	4:16.49	5	750	
3	Nkosinathi	Skosana	D4	4:19.43	3	733	
4	Sefali	Lekena	D6	4:21.98	2	718	
5	Mukovhe	Mukwevhu	D3	4:22.75	1	714	
6	Harris	Geordan	D10	4:24.86	0	702	
7	Ewan	Nortje	D7	4:33.53	0	657	
8	Gomolemo	Madonsela	D15	4:41.17	0	620	
9	Sherton	Mlanga	D5	4:55.24	0	559	
10	Simphiwe	Mkhwanazi	D14	5:04.80	0	521	
11	Siphamandla	Khumalo	D11	5:11.13	0	498	

Result Event 32 - 1500m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Angel	Baloyi	D4	5:03.66	7	749	
2	Moeketsi	Miriam	D10	5:03.98	5	748	
3	Chemene	Mertz	D11	5:04.25	3	747	
4	Kell-Lyn	Barkley	D6	5:04.38	2	746	
5	Jenna	Westermeyer	D2	5:06.02	1	739	
6	Sione	Nel	D3	5:16.22	0	698	
7	Nompumelelo	Mabuza	D5	5:26.52	0	660	
8	Marli	Niemand	D7	5:35.71	0	629	
9	Michaela	Cowan	D8	5:58.68	0	558	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Anaamika	Maharaj	D2	5:05.37	7	742	
2	Luhane	Smith	D4	5:11.90	5	715	
3	Zelna	Van As	D8	5:12.68	3	712	
4	Lene	Maartens	D3	5:13.12	2	710	
5	Katelin	Heymans	D6	5:13.54	1	709	
6	Jade	Doran	D17	5:14.63	0	704	
7	Lida-Mari	Badenhorst	D11	5:20.85	0	681	
8	Mongatane	Mapaseka	D10	5:30.53	0	646	
9	Mbali	Mokoena	D17	5:45.46	0	597	

Result Event 33 - 1500m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Katleho	Khumalo	D7	4:26.80	7	756	
2	Tyran	Brooks	D6	4:29.18	5	742	
3	Zian	Brenkman	D4	4:30.84	3	733	
4	Samkelo	Mkhize	D12	4:31.20	2	731	
5	Samkelo	Malawana	D17	4:33.15	1	720	
6	Karabo	Tsotetsi	D5	4:33.50	0	718	
7	Siyabonga	Mabunda	D14	4:35.17	0	709	
8	Amogelang	Sefoka	D15	4:48.19	0	644	
9	Eduan	Rademan	D8	4:50.34	0	635	
10	Duze	Khanya	D10	4:59.38	0	595	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Neo	Montsho	D3	4:33.90	7	716	
2	Delport	Juan-Pear	D4	4:35.93	5	705	
3	Tylor	Kroef	D6	4:36.68	3	701	
4	Onesmus	Ncube	D11	4:36.78	2	701	
5	Lehlohonolo	Hlakane	D7	4:37.85	1	695	
6	Jabulane	Masilela	D1	4:44.39	0	662	
7	Stephen	Joubert	D2	4:44.69	0	661	
8	Michael	Bekker	D17	4:45.28	0	658	
9	Matabidi	Caswell	D1	4:51.86	0	628	
10	Lehlohonolo	Letsielo	D8	4:53.12	0	622	

Result Event 34 - 1500m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jose	Hayley	D10	5:05.10	7	723	
2	Mpho	Katiso	D3	5:05.60	5	721	
3	Kiana	Robinson	D2	5:05.90	3	720	
4	Luca	De Waal	D4	5:05.91	2	720	
5	Kamogelo	Makgoke	D6	5:05.94	1	720	
6	Jane	Wepener	D7	5:06.33	0	718	
7	Ntombi	Gumede	D6	5:06.65	0	717	
8	Katelynn	Steenkamp	D5	5:11.71	0	696	
9	Bronwyn	Nel	D17	5:13.20	0	691	
10	Morgan	Harmse	D11	5:16.51	0	678	
11	Kelly	Poggiolini	D12	5:29.12	0	633	
12	Mishalia	Moodley	D9	5:36.60	0	608	
13	Mieke	Pienaar	D8	5:40.62	0	595	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Omaatla	Dikao	D4	4:59.08	7	749	
2	Izandri	Jacobs	D3	5:03.62	5	729	
3	Camryn	De Meyer	D17	5:04.92	3	724	
4	Courtney	Sole	D2	5:10.96	2	699	
5	Hlengiwe	Nkosi	D5	5:11.67	1	697	
6	Saskia	Hydenrych	D11	5:11.69	0	697	
7	Hanna	Korend	D8	5:14.61	0	685	
8	Carla	van Schalkwyk	D7	5:43.97	0	585	
9	Megan	Mc Mahon	D12	5:45.05	0	582	
10	Wiepke	Schoeman	D4	6:07.54	0	518	
11	Amy	Rigdon	D9	6:08.57	0	515	

Result Event 35 - 1500m Boys 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	4:21.16	7	755	
2	Gordon	Schoombee	D3	4:21.68	5	752	
3	Keotshepile	Maleho	D4	4:21.70	3	752	
4	Markus	Delpport	D6	4:21.84	2	751	
5	Zane	Strydom	D11	4:21.92	1	751	
6	Realeboga	Smith	D2	4:24.13	0	738	
7	Christiaan	Smuts	D7	4:26.96	0	722	
8	Moyo	Zammy	D10	4:28.11	0	715	
9	Matsimela	Tebogo	D9	4:32.20	0	693	
10	Prince	Khalane	D8	4:37.78	0	665	
11	Ayanda	Godlo	D15	4:38.90	0	659	
12	Sphiwe	Rabothata	D17	4:45.19	0	629	
13	Liyanda	Mtshakazana	D14	4:48.93	0	612	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tshepang	Tshivhula	D4	4:22.82	7	745	
2	Marcel	Brits	D3	4:23.30	5	742	
3	Juan	Morton	D6	4:25.15	3	732	
4	Keagan	Botha	D5	4:26.35	2	725	
5	Benkosi	Magwara	D17	4:26.45	1	724	
6	Beloved	Tshuma	D11	4:28.13	0	715	
7	Mukansi	Rulani	D10	4:29.79	0	706	
8	Rorisang	Tsaagane	D12	4:30.83	0	701	
9	Lesego	Msiza	D15	4:32.35	0	693	
10	Daniel	van der Westhuizen	D9	4:33.14	0	688	
11	Viaan	du Plooy	D7	4:39.44	0	657	
12	Le-Ray	Koen	D8	4:39.67	0	656	

Result Event 69 - 1500m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chemene	Mertz	D11	4:47.12	7	827	
2	Angel	Baloyi	D4	4:52.80	5	799	
3	Zelna	Van As	D8	4:53.01	3	798	
4	Katelin	Heymans	D6	4:55.03	2	788	
5	Anaamika	Maharaj	D2	4:58.61	1	772	
6	Luhane	Smith	D4	5:00.22	0	764	
7	Jenna	Westermeyer	D2	5:04.74	0	745	

Result Event 75 - 1500m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Katleho	Khumalo	D7	4:14.50	7	834	
2	Zian	Brenkman	D4	4:15.05	5	830	
3	Tyran	Brooks	D6	4:17.54	3	813	
4	Delpport	Juan-Pear	D4	4:21.14	2	790	
5	Samkelo	Mkhize	D12	4:22.33	1	783	

Result Event 76 - 1500m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Izandri	Jacobs	D3	4:39.19	7	845	
2	Omaatla	Dikao	D4	4:44.07	5	820	
3	Kiana	Robinson	D2	4:45.57	3	812	
4	Luca	De Waal	D4	4:53.35	2	774	
5	Katelynn	Steenkamp	D5	5:01.14	1	740	
6	Courtney	Sole	D2	5:04.07	0	727	
7	Jose	Hayley	D10	5:05.36	0	722	
8	Camryn	De Meyer	D17	5:06.98	0	715	
9	Bronwyn	Nel	D17	5:10.06	0	703	
10	Hanna	Korend	D8	5:10.92	0	700	
11	Kamogelo	Makgoke	D6	5:11.34	0	698	
12	Jane	Wepener	D7	5:13.20	0	691	
13	Mpho	Katiso	D3	5:13.27	0	690	
14	Saskia	Hydenrych	D11	5:13.35	0	690	

Result Event 77 - 1500m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	4:06.78	7	850	
2	Marcel	Brits	D3	4:07.17	5	847	
3	Keotshepile	Maleho	D4	4:07.96	3	841	
4	Realeboga	Smith	D2	4:09.50	2	830	
5	Tshepang	Tshivhula	D4	4:11.80	1	814	
6	Gordon	Schoombee	D3	4:13.31	0	804	
7	Markus	Delpport	D6	4:13.96	0	800	
8	Zane	Strydom	D11	4:15.87	0	788	
9	Juan	Morton	D6	4:22.28	0	748	
10	Benkosi	Magwara	D17	4:22.98	0	744	
11	Mukansi	Rulani	D10	4:27.42	0	719	
12	Christiaan	Smuts	D7	4:27.55	0	718	
13	Rorisang	Tsaagane	D12	4:28.05	0	716	
14	Moyo	Zammy	D10	4:36.74	0	670	
15	Keagan	Botha	D5	4:37.31	0	667	

Result Event 90 - 1500m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tshabalala	Amogelang	D4	5:09.17	7	699	
2	Melissa	Van Niekerk	D11	5:12.66	5	685	
3	Mia	Van Der Veel	D4	5:18.83	3	662	
4	Polena	Mokgale	D9	5:22.24	2	650	
5	Nthabiseng	Komane	D3	5:28.99	1	627	

Result Event 91 - 1500m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Morepe	Johannes	D10	3:51.55	7	932	R
2	Corne	De Fouw	D2	3:54.19	5	909	
3	Jaden	De Wet	D11	3:55.51	3	898	
4	Zenzile	Pheko	D2	3:55.55	2	898	
5	Kevin	Hickley	D17	4:04.43	1	829	

Result Event 112A - 3000m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lene	Maartens	D3	10:32.22	7	888	
2	Kaitlyn	Mackay	D17	10:42.20	5	873	
3	Anaamika	Maharaj	D2	10:42.97	3	872	
4	Luhane	Smith	D4	10:44.54	2	869	
5	Katelin	Heymans	D6	10:45.76	1	868	
6	Jenna	Westermeyer	D2	10:59.20	0	848	
7	Kell-Lyn	Barkley	D6	11:12.52	0	830	
8	Megan	Roome	D11	11:25.08	0	814	
9	Munkansi	Halalelo	D10	11:27.35	0	811	
10	Minjunet	Smit	D7	11:36.18	0	800	
11	Rakgedi	Reamokgetse	D10	11:43.57	0	791	

Result Event 112B - 3000m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tshabalala	Amogelang	D4	11:04.32	7	822	
2	Lerato	Moromodi	D6	12:15.75	5	737	
3	Neo	Pilane	D12	13:09.68	3	684	
4	Mndebele	Mbalizethu	D6	14:33.85	2	614	
5	Bonisile	Mbele	D5	14:55.88	1	598	
6	Justine	Venter	D5	16:15.21	0	545	

Result Event 133 - 3000m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tyran	Brooks	D6	9:10.22	7	878	
2	Samkelo	Mkhize	D12	9:20.77	5	851	
3	Zian	Brenkman	D4	9:28.65	3	832	
4	Katleho	Funda	D5	9:34.00	2	820	
5	Delpport	Juan-Pear	D4	9:39.60	1	807	
6	Siyanda	Malone	D9	9:46.51	0	792	
7	Marthinus	Bouwer	D11	9:48.21	0	788	
8	Tylor	Kroef	D6	9:48.65	0	787	
9	Phakane	Neo	D10	9:53.27	0	778	
10	Bothale	Nchang	D3	10:14.42	0	736	
11	Tshepang	Malebo	D7	10:16.61	0	732	
12	Tshepo	Moroantwa	D15	10:28.10	0	711	
13	Tshwarelo	Morapedi	D15	10:28.19	0	711	
14	Samkelo	Malawana	D17	10:28.42	0	711	
15	Jonathan	Diederiks	D5	10:36.46	0	697	
16	Masimakhe	Stungy	D17	10:44.06	0	684	
17	Baloyi	Nhlamulo	D10	10:46.79	0	679	
18	Lindani	Nkabini	D9	10:50.11	0	674	
19	Koketso	Sindane	D1	11:04.87	0	650	

Result Event 158 - 3000m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Luca	De Waal	D4	10:43.16	7	856	
2	Kiana	Robinson	D2	11:06.88	5	824	
3	Chenelle	Axsel	D2	11:11.00	3	818	
4	Hlengiwe	Nkosi	D5	11:21.79	2	804	
5	Jose	Hayley	D10	11:30.26	1	794	
6	Cassidy	Bosman	D17	11:30.85	0	793	
7	Lebogang	Modungwa	D3	11:31.28	0	792	
8	Zabire	Von Westernhagen	D4	11:40.00	0	782	
9	Saskia	Hydenrych	D11	12:08.04	0	750	
10	Bronwyn	Nel	D17	12:12.87	0	745	
11	Katelynn	Steenkamp	D5	12:16.08	0	742	

Result Event 160 - 3000m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Realeboga	Smith	D2	8:57.07	7	881	
2	Sam	Mabe	D4	9:05.45	5	859	
3	Matthews	Macuacua	D4	9:22.00	3	819	
4	Markus	Delpont	D6	9:23.33	2	816	
5	Zane	Strydom	D11	9:26.17	1	809	
6	Boiketlo	Makhundu	D15	9:33.74	1	792	
7	Mukansi	Rulani	D10	9:34.76	0	790	
8	Juan-Pierre	Van Der Berg	D5	9:35.85	0	788	
9	Adriaan	Bekker	D7	9:40.55	0	778	
10	Diaan	Becker	D6	9:43.09	0	772	
11	Thato	Mokgathenyane	D12	9:43.10	0	772	
12	Khomotso	Siabi	D17	10:13.79	0	713	
13	Pholoso	Makhubela	D3	10:28.20	0	687	

Result Event 167 - 5000m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Naledi	Maktatho	D10	19:22.27	7	796	
2	Chantelle	Van Niekerk	D4	20:40.90	5	743	
3	Mieke	Smit	D7	20:55.09	3	734	
4	Natasha	Van Niekerk	D4	21:10.94	2	724	
5	Thandokuhle	Tshotwane	D9	24:06.02	1	632	
6	Siphumelele	Mzolo	D14	25:18.21	0	600	

Result Event 168 - 5000m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Corne	De Fouw	D2	15:36.10	7	871	
2	Kevin	Hickley	D17	15:40.15	5	865	
3	Rowen	Zukulu	D4	15:40.71	3	865	
4	Nhlanhla	Mnothoza	D7	15:45.64	2	858	
5	Maja	Tharollo	D6	15:50.51	1	851	
6	Xoza	Lubabalo	D6	16:06.47	0	830	
7	Matthew	Mackay	D17	16:07.10	0	829	
8	Bokang	Mabote	D4	16:07.65	0	828	
9	Alisandro	Cloete	D5	16:13.95	0	820	
10	Nkosinathi	Skosana	D4	16:22.10	0	810	
11	Kgoitsimodimo	Makhae	D7	16:23.09	0	809	
12	Morapeleng	Segwatlha	D4	16:27.42	0	804	
13	Victor	Sinawana	D5	16:28.54	0	802	
14	van Zyl	Francois	D10	16:40.86	0	788	
15	Lawrence	Chauke	D15	17:07.48	0	758	
16	Lethabo	Mofokeng	D8	17:14.99	0	750	